



Royal Garden Spa Signature

Royal Garden Harbour Spa Suite Experience for Two	150 mins	HK\$ \$4,800
Aromatic Bath	30 mins	
Body Scrub	30 mins	
Signature Massage	60 mins	
Relaxation in the Spa Suite	30 mins	
2-course Spa cuisine for Two		

Enjoy our delicious combination of Coconut Oil, Apricot Seed Powder and plant essential oil scrub then followed by a signature massage with warm Indoceane oil to release your muscle tension with a friend or romantic partner on side-by-side massage tables set within our harbour view Couple’s Room. Also spend some relaxing time at our Mediterranean theme Sky Pool and enjoy a healthier light Spa cuisine to ease your stress.

Wellness Retreat	180 mins	HK\$ \$3,150
1-on-1 Private Training Class at your choice	60 mins	
Body Scrub	30 mins	
Aromatic Relaxing Massage	60 mins	
On the Go Facial	30 mins	

A new vision of perfection is designed from a personalised fitness exercise to increase your mobility. Followed by a head to toe experience throughout a body scrub, an aromatic relaxing massage with an express facial. Delivers a truly wellness day of your lifestyle.

My Time Rituals	165 mins	HK\$ \$2,880
Aromatic Foot Ritual	15 mins	
Signature Massage	60 mins	
Collagen Smoothing Facial	90 mins	

This supreme Beauty Rituals begins with a pampering from your foot to our fusion of Chinese Meridian and deep tissue massage which is given to increase blood circulation of concentrates on releasing specific chronic muscle tension as well as the muscular knots or adhesions, followed by a hydrating collagen facial for a visibly plump and radiant skin.

Sky Club Rejuvenating Journey	120 mins	HK\$ \$3,080
Body Scrub or On the Go Facial at your choice	30 mins	
Signature Massage	90 mins	
Pool and Fitness Day Pass		
2-course Spa cuisine for One		

A secret of the youthfulness of the heart and the beauty of the skin, a combination of swimming and fitness exercise will be the best choice to start from a day of escape. Followed by a choice of body scrub or express deep cleanse facial, and completed by a deep tension massage. A head to toe experience.

*Aromatic Bath	30 mins	\$300
*Additional Harbour View Spa Suite	30 mins	\$800

Facial Treatment

Marine Radiance Facial	60 mins	HK\$ \$1,250
This moisture quenching treatment is suitable for all skin types. The ultra-hydrating facial combats dehydration lines and improves skin texture. The complexion is left smooth, plump and radiant.		

Collagen Smoothing Facial	90 mins	\$1,850
Give your skin a collagen boost and minimize the signs of aging as they appear. Designed to prevent the wrinkles, this facial offers a remarkable anti-aging result. An expert anti-aging massage is carried out to lift the features and help the skin to absorb all THALGO Marine Collagen. The collagen mask smooths fine lines and has a plumping effect.		

Marine Deep Cleansing Facial (For Gentleman)	60 mins	\$1,250
This deep cleansing facial provides a made-to-measure solution for men's skin. The skin's balance and comfort are restored.		

Hydration Facial with Head, Neck & Shoulder Massage (For Gentleman)	90 mins	\$1,850
This facial is for stressed male skin combines energizing marine active ingredients with relaxing massage movements to diffuse aging while hydrating and balancing the skin. Relaxed and recharged, the skin regains all its energy and health; signs of tiredness are erased.		

Aqua Body Experience

Body Scrub	30 mins	HK\$ \$650
Luxuriate in an invigorating body scrub to exfoliate dead skin cells, leaving your skin soft and silky smooth. Suitable for all skin type.		
Nourishing Body Glow	30 mins	\$850
The skin is perfectly smoothed, nourished and deliciously scented with essential oils from citrus fruits from the Mediterranean. Suitable for dry and dehydrated skin type.		

Body Massage

Aromatic Relaxing Massage	60 mins / 90 mins	HK\$ \$1,250 / \$1,650
This relaxing massage that combines the natural properties of the essential oils of your choice and fusion with Swedish massage technique that relaxes, balances, harmonizes the body and reduces stress at the same time.		
Thalgo Stress Release Massage	60 mins / 90 mins	\$1,350 / \$1,850
Fusion of pressure point compress and deep tissue massage technique which is body massage is done with warm Indoceane oil which effectively relieve your muscle tensions and restore vitality.		
Sports / Chinese Meridian Massage	60 mins / 90 mins	\$1,350 / \$1,850
Our specialists control the massage and personalized your concerns that loosen tight muscles with a result of a deep, relaxing and oil free massage that is entirely painless and completely beneficial.		

Enhanced Treatment Experience

Head, Neck & Shoulder	30 mins	HK\$ \$700
Foot & Leg Massage	30 mins	\$600
On the Go Facial	30 mins	\$650



帝苑水療經典體驗

		港幣\$
帝苑雙人海景水療套房體驗	150 分鐘	\$4,800
雙人香薰浸浴	30 分鐘	
磨砂護理	30 分鐘	
香薰全身按摩	60 分鐘	
水療套房休閒時間	30 分鐘	
營養水療午餐 (兩位)		

與朋友或伴侶在海港景緻下享受雙人香薰浸浴，配合椰子油，杏子粉和植物精油磨砂滋潤組合，再享受暖和的 Indoceane 油進行特色按摩，身心得以放鬆肌肉緊張。在地中海主題空中泳池側度過輕鬆的時光，享受健康的水療美食，緩解壓力。

活力身心護理	180 分鐘	\$3,150
私人健身教練訓練	60 分鐘	
磨砂護理	30 分鐘	
香薰全身按摩	60 分鐘	
面部潔淨護理	30 分鐘	

通過私人健身鍛煉來設計完美的健身訓練，以增加肌腱的靈活性。隨著身體磨砂體驗，芳香的放鬆按摩和面部潔淨護理。為您的生活方式帶來真正的健康一天。

唯我獨享	165 分鐘	\$2,880
香薰腳浴磨砂護理	15 分鐘	
香薰全身按摩	60 分鐘	
補充骨膠原面部護理	90 分鐘	

這至美儀式會從您的腳浴開始，到結合中式指壓和深層肌肉按摩，可增加血液循環，舒緩肌肉緊張，然後補充骨膠原面部護理令肌膚明顯豐滿，容光煥發。

		港幣\$
天際休閒水療之旅	120 分鐘	\$3,080
磨砂護理	30 分鐘	
香薰全身按摩	90 分鐘	
健身中心及游泳池通行証		
營養水療午餐 (一位)		

年輕的秘訣，就是讓身心年輕。忘裡休閒地通過游泳和健身運動，然後選擇身體磨砂或深層清潔面部，最後進行深層按摩。從頭到腳的身心美麗體驗，是最佳選擇。

* 香薰浸浴	30 分鐘	\$300
* 額外海景水療套房	30 分鐘	\$800

面部護理服務

		港幣\$
海洋保濕面部護理	60 分鐘	\$1,250
海洋保濕面部護理適合所有皮膚類型，其保濕分子可防止面部皮膚的水份流失，改善膚質，令肌膚保持光滑和水潤。		
青春煥膚面部護理	90 分鐘	\$1,850
青春煥膚面部護理能為肌膚注入膠原蛋白，提供抗衰老效果、延遲老化跡象！護理師首先以 THALGO 香薰油為您按摩，幫助消除疲勞提升活力，然後配合 THALGO 膠原蛋白面膜，進一步為肌膚撫平細紋，令肌膚更見緊致及飽滿。		
男士海洋深層潔淨面部護理	60 分鐘	\$1,250
專為男士皮膚量身定制深層清潔面部護理。皮膚得到恢復的平衡和舒適。		
男士保濕活膚面部護理	90 分鐘	\$1,850
此面部護理是針對壓力重重的男士皮膚，揉合了海洋活性成分和放鬆的頭頸肩部按摩，可在保濕和平衡皮膚的同時恢復所有能量和消除疲勞。		

身體磨砂護理

		港幣\$
磨砂護理	30 分鐘	\$650
身體磨砂可去除死皮細胞，使您的皮膚柔軟如絲般光滑。適合所有膚質。		
身體滋潤亮麗護理	30 分鐘	\$850
隨身體磨砂後，地中海的柑橘精油體霜可完美撫平乾燥皮膚及滋養保濕。適用於乾燥和脫水膚質。		

身體按摩護理服務

		港幣\$
香薰舒緩按摩	60 分鐘 / 90 分鐘	\$1,250 / \$1,650
融合了瑞典式的香薰精油按摩，有助提高身體血液循環和舒緩壓力。		
THALGO 深層舒壓按摩	60 分鐘 / 90 分鐘	\$1,350 / \$1,850
利用暖和的 Indoceane 特色按摩油，揉合中式指壓和深層肌肉按摩，身心得以放鬆肌肉緊張。		
活力 / 指壓按摩	60 分鐘 / 90 分鐘	\$1,350 / \$1,850
專業的按摩師可以控制深層按壓技術，放鬆和無油的按摩來使緊繃的肌肉鬆弛。		

增效護理服務

		港幣\$
頭部 / 頸部 / 肩部按摩	30 分鐘	\$700
腳部按摩	30 分鐘	\$600
面部潔淨護理	30 分鐘	\$650